

- ◆ The Lat Pull Single Pulley features an adjustable thigh pad to secure the user during the exercise.

LAT PULL DOWN - SINGLE PULLEY
JPB-201A

- ◆ **DIMENSION:**
Length : 62 inches / 157 cms
Width : 40 inches / 102 cms
Height : 92 inches / 234 cms
Weight Stack : 220lbs / 100kg

- ◆ **MUSCLE WORKED:**
Erector Spine, Trapezius,
Latissimus Dorsi,
Rear Deltoids & Biceps

